



# SMART Recovery®

## Discover the Power of Choice

No matter what your addictive behavior, SMART Recovery can help. For over two decades we have been offering **free** support groups to help people learn self-empowering tools and provide support for others in recovery. The goal of SMART Recovery is to assist you in achieving a healthy, positive, and balanced lifestyle. Skills and tools taught in SMART can be used as part of your overall & personal recovery process.

## Join a SMART Recovery Group in Pike County today!

**Tuesday's: 6:30-7:30 pm**

St. Patrick's Church Office  
111 E. High St. Milford, PA

**Wednesday's: 12-1 pm**

Milford Community House  
201 Broad St. Milford, PA

**Wednesday's: 6:30-7:30pm**

Delaware Township Emergency Operations Center  
116 Wilson Hill Rd. Dingmans Ferry, PA

Follow us on Facebook for news & updates!

**SMART Recovery Pike PA**

